

Discussing Restless Legs Syndrome (RLS) with your doctor is an important step in getting the right treatment.

TELL YOUR DOCTOR EXACTLY WHAT YOU ARE EXPERIENCING

Read the list below and check off the statements that are true for you. Be sure to share this information with your doctor.

What does your RLS feel like?

It feels like there is a tingling, creeping, crawling feeling in my legs	
The weird feeling in my legs gets better if I get up and move around	
Other: describe symptoms	

Are your RLS symptoms disrupting your night and affecting your day?

My symptoms are worse in the evening when I'm trying to relax and wind down	
My RLS symptoms wake me up at night	
Because of my RLS symptoms, I am having trouble getting to sleep and staying asleep	
My RLS symptoms don't seem to ever end	
I'm really struggling to get through my day	

Are you currently taking medication for RLS?

I'm on medication but it doesn't seem to be working as well as it used to	
I'm on medication and it seems to be working for me	
I'm on medication but I stopped taking it because I thought it made my symptoms worse	
I'm interested in finding out more about my medication options	



HORIZANT is specifically designed to treat the symptoms of moderate to severe primary RLS in adults. Ask your doctor if once-daily HORIZANT is right for you.

Important Safety Information for HORIZANT[®] (gabapentin enacarbil) Extended-Release Tablets

INDICATIONS

HORIZANT[®] (gabapentin enacarbil) is a prescription medicine used to:

- treat adults with moderate to severe primary Restless Legs Syndrome (RLS). HORIZANT is not for people who need to sleep during the daytime and stay awake at night.
- manage pain from damaged nerves (postherpetic neuralgia) that follows healing of shingles (a painful rash that comes after a herpes zoster infection) in adults.

Please see additional Important Safety Information, full Prescribing Information and Medication Guide that start on page 3.

Assess the Severity of Restless Legs Syndrome

HOW BAD IS YOUR RLS? RATE IT AND SHARE IT.

Ask your doctor if once-daily HORIZANT® (gabapentin enacarbil) is right for you. Doctors use the IRLS Rating Scale to evaluate whether you have RLS and how severe your RLS might be.¹ Rate the questions below from 0-4, and then add up your scores at the end. Overall scores can range from 0-40. Be sure to share your total score with your doctor.

This scale is for informational purposes only and should not be used for self-diagnosis. Always consult a doctor or other healthcare professional for diagnosis and treatment of medical conditions.

In the past week:					Score
Overall, how would you rate the RLS discomfort in your legs or arms?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
Overall, how would you rate the need to move around because of your RLS symptoms?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
Overall, how much relief of your RLS arm or leg discomfort did you get from moving around?					
④ No relief	③ Mild relief	② Moderate relief	① Either complete or almost complete relief	① No RLS symptoms to be relieved	
How severe was your sleep disturbance from your RLS symptoms?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
How severe was your tiredness or sleepiness during the day due to your RLS symptoms?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
How severe was your RLS as a whole?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
How often did you get RLS symptoms?					
④ Very often (6–7 days in 1 week)	③ Often (4–5 days in 1 week)	② Sometimes (2–3 days in 1 week)	① Occasionally (1 day in 1 week)	① None	
When you had RLS symptoms, how severe were they on average?					
④ Very severe (8 h or more per 24 h)	③ Severe (3–8 h per 24 h)	② Moderate (1–3 h per 24 h)	① Mild (less than 1 h per 24 h)	① None	
Overall, how severe was the impact of your RLS symptoms, on your ability to carry out your daily affairs, for example, carrying out a satisfactory family, home, social, school, or work life?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
How severe was your mood disturbance from your RLS symptoms—for example angry, depressed, sad, anxious, or irritable?					
④ Very severe	③ Severe	② Moderate	① Mild	① None	
Add the scores from above and share the total with your patient.					Total Score
Mild 0 to 10		Moderate 11 to 20		Severe 21 to 30	
				Very Severe 31 to 40	

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For information about approved uses of this scale and about RLS, visit www.IRLSSG.org. IRLS contact information and permission to use: MAPI Research Trust, Lyon, France. Email: PROinformation@mapi-trust.org

Reference: 1. The International Restless Legs Syndrome Study Group. Validation of the International Restless Legs Syndrome Study Group Rating Scale for restless legs syndrome. *Sleep Med.* 2003;4(2):121-132.

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IMPORTANT SAFETY INFORMATION

- **Do not drive after taking your dose of HORIZANT until you know how it affects you, including the morning after you take it.** Do not operate heavy machinery or do other dangerous activities until you know how HORIZANT affects you. HORIZANT can cause sleepiness, dizziness, slow thinking, and can affect your coordination. Ask your healthcare provider when it is okay to do these activities.
- Do not take other medicines that make you sleepy or dizzy while taking HORIZANT without talking to your healthcare provider. Taking HORIZANT with these other medicines may make your sleepiness or dizziness worse.
- **HORIZANT may cause suicidal thoughts or actions in a very small number of people (about 1 in 500). Pay attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. Call your healthcare provider right away if you have any of these symptoms, especially if they are new, worse, or worry you:**
 - thoughts or actions about suicide, self-harm, or dying; attempt to commit suicide
 - new or worsening depression or anxiety; or feeling agitated
 - new or worse restlessness or panic attacks
 - new or worse trouble sleeping (insomnia); or irritability
 - acting aggressive, being angry, or violent; acting on dangerous impulses
 - an extreme increase in activity or talking (mania); other unusual changes in mood or behavior
- **Serious breathing problems.** Serious breathing problems can occur when HORIZANT is taken with other medicines that can cause severe sleepiness or decreased awareness, or when it is taken by someone who already has breathing problems. Watch for increased sleepiness or decreased breathing when starting HORIZANT or when the dose is increased. Get help right away if breathing problems occur.
- **Do not stop taking HORIZANT without first talking to your healthcare provider.** Suicidal thoughts or actions can be caused by things other than medicines. If you have these thoughts or actions, your healthcare provider may check for other causes.
- **HORIZANT may cause a serious or life-threatening allergic reaction** that may affect your skin or other parts of your body such as your liver or blood cells. You may or may not have a rash with these types of reactions. Call a healthcare provider right away if you have any of the following symptoms: skin rash, hives, fever, swollen glands that do not go away, swelling of your lips or tongue, yellowing of your skin or eyes, unusual bruising or bleeding, severe fatigue or weakness, unexpected severe muscle pain, or frequent infections. These symptoms may be the first signs of a serious reaction. A healthcare provider should examine you to decide if you should continue taking HORIZANT.

- HORIZANT is not the same medicine as gabapentin [for example, NEURONTIN® (gabapentin) and GRALISE® (gabapentin)]. HORIZANT should not be used in their place. Do not take these or other gabapentin products while taking HORIZANT.
- Before taking HORIZANT, tell your healthcare provider if you:
 - have or have had kidney problems or are on hemodialysis
 - have or have had depression, mood problems, or suicidal thoughts or behavior
 - have or have had seizures
 - have a history of drug abuse
 - have any other medical conditions
 - are pregnant or plan to become pregnant. It is not known if HORIZANT will harm your unborn baby. Talk to your healthcare provider if you are pregnant or plan to become pregnant while taking HORIZANT. You and your healthcare provider will decide if you should take HORIZANT while you are pregnant
 - are breastfeeding or plan to breastfeed. Your body turns HORIZANT into another drug (gabapentin) that passes into your milk. It is not known if this can harm your baby. You and your healthcare provider should decide if you will take HORIZANT or breastfeed
 - drink alcohol
- Do not drink alcohol while taking HORIZANT because it may increase the risk of side effects.
- **Tell your healthcare provider about all the medicines you take,** including prescription and non-prescription medicines, vitamins, and herbal supplements. Taking HORIZANT with certain other medicines can cause side effects or affect how well they work. Do not start or stop other medicines without talking to your healthcare provider.
- **Do not stop taking HORIZANT without talking to your healthcare provider first.** If you stop taking HORIZANT suddenly, you may develop side effects.
- The most common side effects of HORIZANT include dizziness, sleepiness, and headache. Tell your healthcare provider about any side effect that bothers you or does not go away. These are not all the possible side effects of HORIZANT. For more information, ask your healthcare provider or pharmacist.

You are encouraged to report side effects of prescription drugs by contacting Azurity Pharmaceuticals, Inc. at 1-800-461-7449, or FDA at 1-800-FDA-1088 or www.fda.gov/MedWatch.

For more information, ask your healthcare provider or pharmacist, or consult the full Prescribing Information on the following pages.

Horizant®
gabapentin enacarbil
extended-release tablets **600mg·300mg**

